

## Millennium Surgery Center, Inc.

### ***The Day of Surgery***

Upon arriving at Millennium Surgery Center, Inc. on the day of surgery you will be checked in by one of our Registration Specialists. For the convenience of our patients' family and visitors we do have a comfortable waiting area with TV and coffee available. Please bring a sweater if you tend to be cold. After registration you will be escorted to our preoperative area. After preparation for surgery is complete, a family member may sit with you until time for your surgery. In the pre-op area you will meet the anesthesiologist who will review your history, answer your questions and discuss the anesthesia plan with you.

### ***Things to Remember***

- DO arrive one hour prior to surgery to allow adequate time for admission procedures.
- DO wear loose fitting comfortable clothes.
- DO bring completed Anesthesia Pre-op Evaluation and Medication Reconciliation Form.
- DO NOT smoke or drink alcohol 24 hours prior to surgery.
- DO not wear makeup or jewelry including body piercings, naval and/or tongue rings.
- DO bathe or shower prior to coming to the surgery center.
- DO leave all valuables at home except driver's license, insurance card and your co-pay (if applicable).
- DO have someone to drive you home after your surgery and stay with you for 24 hours. Patients may not go home via bus and can only go home via cab if accompanied by a responsible adult.

### ***Anesthesia Care***

Anesthesia is a critical part of any surgical procedure. All of our anesthesiologists are thoroughly trained in the field of anesthesiology. Your anesthetic will be determined by the anesthesiologist in conjunction with you and your physician. Special care is exercised to allay anxiety, minimize discomfort and prevent post-operative nausea. Please let your anesthesiologist know if you have a history of post-operative nausea. Our anesthesiologists are dedicated to providing superior care and a comfortable anesthetic experience.

### ***Your Surgery***

From the preoperative area you will be taken to the operating room, where every effort will be made to assure your safety and comfort during your procedure. Your surgeon will perform the procedure, assisted by our registered nurses and surgical technicians. Your anesthesia will be continually monitored by your anesthesiologist. By using state-of-the-art equipment combined with highly trained staff we are able to provide positive patient outcomes with fast recovery and incredibly low infection rates.

### ***Post Operative Care***

After surgery you will be taken to our fully equipped recovery room. Here you will be cared for by our recovery room registered nurses. Our nurses are trained in Advanced Cardiac Life Support (ACLS) and Pediatric Advanced Life Support (PALS).

In order to speed your recovery your postoperative pain will be routinely assessed. Your nurses will provide you with pain medicine as soon as possible after your request. If your pain is not relieved by the medicine or you are having any side effects please inform your nurse. Also, if you have any post-operative nausea please inform your nurse so treatment can be provided.

When you are ready for discharge the recovery room nurses will provide you with specific written discharge instructions from your doctor regarding your post-operative care. It is very important for you to follow these instructions to promote healing and provide the best possible outcome.

## Millennium Surgery Center, Inc.

3850 San Dimas Street • Bakersfield, CA 93301 • 661-663-3700

Millennium Surgery Center, Inc. is a freestanding, multi-specialty ambulatory surgery center that meets and exceeds all local, state, and federal standards. This includes certification by Medicare and the Accreditation Association of Ambulatory Health Care, Inc. (AAAHC). Millennium Surgery Center, Inc. takes pride in our dedicated commitment to quality health care. You can trust that your physician will have sophisticated state-of-the-art equipment and be surrounded by a highly trained and dedicated team of professionals. All procedures are conducted on an outpatient basis. Our capabilities include such specialties as Ophthalmology, General Surgery, Podiatry, Orthopedics, Otolaryngology, Plastic Surgery, Gynecology, Urology, Oral Surgery, and Neurosurgery. We are pleased that you have chosen our center for your surgery. Be assured we will do everything within our power to make it a pleasant and safe experience for you and your family.

### ***Financial Arrangements***

Millennium Surgery Center, Inc. understands that your medical bills can become very confusing and we try our best to streamline and simplify the financial payment process. Prior to your procedure a patient accounts representative will contact you regarding your financial arrangements. Uninsured and/or cash patients will be required to pay for services on or before the surgery date. Patients with insurance will be pre-authorized and be required to pay their estimated co-pay, co-insurance and/or deductible at the time of surgery. MasterCard and Visa are accepted. Millennium Surgery Center, Inc. will bill your insurance as a courtesy. However, you are responsible for all non-covered charges. Full payment is required upon receipt of our billing statement. You can expect to receive separate billings from Millennium Surgery Center, Inc., your surgeon, your anesthesiologist and pathologist (if applicable).

### ***Parents and Guardians of Minors***

- A parent or legal guardian must remain at the facility with the child until they are discharged home.
- The surgical consent must be signed by the child's parent or legal guardian.
- If you are a legal guardian please bring your guardianship papers for the chart.
- Young children and infants can only be discharged if properly restrained in safety car seats due to California State law.
- You may bring a toy, blanket, or pacifier if you think it will make your child feel more comfortable. Please bring diapers and bottles for postoperative care.
- Your preoperative nurse will give you instructions regarding eating and drinking restrictions prior to surgery for your child.

### ***The Day before Surgery***

A pre-op nurse from Millennium Surgery Center, Inc. will call you the day before your surgery to inform you when to arrive for surgery, review your pre-operative instructions and verify you have received a copy of your Patient Bill of Rights. Please be sure all preoperative tests ordered by your physician have been completed, such as: EKG, Chest X-ray and laboratory tests. If possible, please advise the laboratory to send a copy of your results to us because we will need to obtain a copy for your surgeon and anesthesiologist.

**DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT** on the night before your surgery, including water, gum or hard candy. Undigested food in the stomach can cause complications and your surgery could be postponed if you forget.

### ***Please Inform Us If:***

- You have a latex allergy.
- You weigh over 300 lbs.
- You have a pacemaker and/or internal defibrillator.
- You or a family member have a history of Malignant Hyperthermia.
- You have a history of Methicillin-resistant Staphylococcus Aureus (MRSA).
- You suspect you are pregnant. Anesthesia and medications may be harmful to a developing fetus.
- You become ill with a fever, cough or other medical problem.

### ***Medications***

- Patients who take medications every morning for blood pressure, acid reflux, heart, respiratory or seizures should take them prior to surgery with a sip of water.
- If you are a diabetic and take insulin or oral medication please take half of your normal dose the night before surgery and do not take any the day of surgery. If you have an insulin pump your preoperative nurse will give you specific instructions.
- If you take anticoagulants (blood thinners) please consult your surgeon for specific instructions.
- Your preoperative nurse will go over all your routine medications to clarify any questions you may have.